

ABDOMINAL PAIN DIARY

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Date of pain-time of day							
How long did the pain last							
Describe the pain-squeezing, ache, sharp, dull							
Any nausea or vomiting?							
Where is the pain located?							
Any other symptoms?							

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Related to eating-if so, what did you eat?							
What made the pain better?							
Did anything make the pain worse?							
For females, is this related to your menstrual cycle?							